ABBOTT Naturopathy

**Fees and Insurance**

**Insurance**

Insurance coverage is determined by your plan and may change at any time. **We do not verify eligibility prior to appointments**. Please verify coverage by calling your insurance company or by using your insurance's online doctor search.

**Accepted Insurances**: Most commercial insurance plans through LifeWise Primary Network of WA (excluding Alpine network), Premera, Regence, Uniform and Blue Cross Blue Shield plans (including many out-of-state plans such as Anthem).
*Some plans, such as BCBS of IL have limited coverage of extended time codes when visits are done through telemedicine rather than in person. Extended time codes are commonly used because of complexity of visits and are based on total provider time. They are more likely to occur with longer and more complex visits. If incurred, the cost depends on time spent and ranges from $43- $172.

**Out of Network on November 30th, 2026.**
Aetna and associated plans such as Moda, and Meritain Health will be out of network on November 30th, 2026.

**Medicare:** Most Medicare plans do not cover Naturopathic Doctors (this is also subject to change yearly), even if they are one of the insurances listed above. Verify with your insurance regarding coverage.

**Medicaid:** We are not in network with Medicaid. If you have **Medicaid, please let us know in advance as extra forms need to be signed.**

**Self-Pay Visit Costs Update- To go into effect November 1 2026**

| | Details | Price | *Low income/Medicaid patients* |
|---|---|---|---|
| Initial visit | 35-45 minutes | $300 | *$235* |
| | 25-34 | $260 | *$195* |
| | <25 min | $220 | *$165* |
| Follow up visit | 21-30 min | $235 | *$175* |
| | 15-20 | $190 | *$150* |
| | <15 min | $175 | *$140* |
| Extended length of visit (>45min for new visit, or >30min for return visit) | Per additional minute | $5.00 | *$4.00* |

**Self-Pay Visit Costs- Valid until October 31, 2026**

| | Details | Price | *Low income/Medicaid patients* | *Senior Discount (65 years old +)* |
|---|---|---|---|---|
| Initial visit | 35-45 minutes | $300 | *$185* | *$245* |
| | 25-34 | $250 | *$155* | *$200* |
| | <25 min | $175 | *$115* | *$140* |
| Follow up visit | 21-30 min | $225 | *$145* | *$180* |
| | 15-20 | $170 | *$110* | *$155* |
| | <15 min | $150 | *$100* | *$135* |
| Extended length of visit (>45min for new visit, or >30min for return visit) | Per additional minute | $5.00 | *$3.50* | *$4.50* |

**Telephone Call Rates- Established Patients: Self Pay Costs**

Whenever possible, schedule a formal appointment. If clinical care is provided by phone outside a scheduled visit, the service will be billed to insurance and if not covered, self-pay rates apply:

| Details | Price |
|---|---|
| 5-10 min | $80 |
| 11-20 min | $160 |
| Every additional min | $5.00 |

*Please note: Fees apply only when clinical advice, evaluation, or treatment is provided. Administrative or scheduling calls are not billed.*

**Electronic Communication (Only available for self-pay patients, most insurances do not allow or cover).**

Communication that requires medical evaluation or management (beyond scheduling, billing, or past treatment plan clarifications) are billed based on total provider time within a 7-day period. If eligible, these services may be billed to insurance. If not covered, self-pay fees apply:

| Details | Price |
|---|---|
| 5-10 min cumulative time over 7 days | $35 |
| 11-20 min cumulative time over 7 days | $70 |
| 21-30 min cumulative time over 7 days | $105 |
| **31+ min cumulative time over 7 days* | *$35 for every additional 1-10 min time chunks* |

*Please note, this time includes all time spent, such as reviewing chart notes, documentation of communication, research and response time. *Time spent will be cut off at 31 min a week and further correspondence will require a visit, however, exceptions apply for self-pay patients.*

Updated 9/30/26